

To make a personal accident claim, you'll need to fill out an online claims form. You can do this by visiting the website below or scanning the QR code.





What we'll need from you

- your policy number
- · the date and location of the incident
- full details of what happened and any medical treatment you received
- · any medical paperwork e.g., sick notes, copies of X-rays, discharge letters

Don't worry if you don't have all the documents to support your claim right now, we'll ask for them if we need them.

When you'll get payment

The first two weeks you're absent from work isn't covered. After this, benefit payments will be made every four weeks once we've validated and approved your claim.

If it's urgent call 0800 026 0184

Press option 2, option 2.

Our lines are open Monday - Friday 9am - 5pm except Bank Holidays.

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